

# CHILD & YOUTH CARE (CYC)

## About the Program

This three-year advanced diploma program equips you with the skills and knowledge to work effectively with children, youth and families who face various challenges that affect emotional, social and/or mental health.

Child and youth care practitioners specialize in facilitating change and collaborate with other professionals dedicated to implementing prevention, intervention and treatment strategies. They foster positive development and serve as valuable resources.

Throughout the program, you will gain exposure to various treatments, counselling and therapeutic theories, while building on your foundational understanding of human behaviour and development. You will study a broad range of topics such as strength-based approaches, attachment theory and exceptionalities, including the autism spectrum.

As a graduate of this program who meets GPA requirements, you will be eligible to pursue internal pathway (<https://www.senecapolytechnic.ca/programs/fulltime/CYC/pathways.html#menu>) opportunities at Seneca, including the Honours Bachelor of Child Development (<https://www.senecapolytechnic.ca/programs/fulltime/BCD.html>) and Honours Bachelor of Interdisciplinary Studies (<https://www.senecapolytechnic.ca/programs/fulltime/INS.html>). You will also be able to take Seneca's Honours Bachelor of Mental Health and Addiction (<https://www.senecapolytechnic.ca/programs/fulltime/BMHA.html>) — a unique pathway that allows you to earn a degree within two years (four semesters plus a work-term) after completing a summer bridging stream, which includes the following courses:

- Advanced Studies in Community Mental Health (<https://apps.senecapolytechnic.ca/ssos/findOutline.do?subjectCode=MHB399>)
- Health and Community Psychology (<https://apps.senecapolytechnic.ca/ssos/findOutline.do?subjectCode=MHB499>)
- Trauma Methods and practices in Community Mental Health (<https://apps.senecapolytechnic.ca/ssos/findOutline.do?subjectCode=MHB799>)

## Credential Awarded

Ontario College Advanced Diploma

## Duration

6 Semesters (3 Years)

## Starts

September

## Program and Course Delivery

This program is offered in Seneca's hybrid delivery format with some courses available in Seneca's flexible delivery format. Some coursework is online and some must be completed in person. Students will need to come on campus to complete in-person learning requirements. For courses offered in the flexible delivery format, professors use innovative learning spaces and technology to teach students in a classroom or lab and

broadcast in real time to students attending remotely. In flexible courses, students have the choice of coming on campus or learning online.

## Skills

Throughout the course of this advanced diploma program you will develop skills in:

- Prevention, intervention and treatment strategies
- Treatments, counselling and therapeutic theories
- Understanding in adolescent development, violence, child and youth management, diversity, therapeutic activities, group and family work

## Work Experience

### Field Placement

If you meet all the academic requirement you will have the opportunity to do about 900 to 1,000 hours of work on field placements during your final four semesters. The placements are typically unpaid and take place in professional settings such as schools, hospitals, government agencies, treatment centers and facilities.

## Your Career

When you graduate from this program, these are the types of employers waiting for you:

- educational environments (such as schools, school boards and special education classes)
- government agencies
- community agencies (including children, youth and family agencies)
- day treatment centres
- out-of-home care (including group homes and foster care)
- therapeutic programs
- hospitals
- youth justice programs
- children's aid societies

## Professional Accreditation

Seneca's Child and Youth Care advanced diploma program has earned accreditation from the Child and Youth Care Educational Accreditation Board of Canada (<http://cycaccreditation.ca/>) as a provider of quality postsecondary education in the field of child and youth care, effective through June 15, 2030.

Upon completing your diploma, you may qualify to apply to become a member of the Ontario Association of Child and Youth Care (<http://oacyc.org/>). Graduates with experience may apply to be certified by the Child and Youth Care Certification Board, North America (<http://www.cycb.org/>).

Throughout this program, you will earn the following training and certification:

- ASIST – Applied Suicide Intervention Training Certificate
- CPI – Crisis Prevention Intervention Training Certification
- DLE – The Purposeful Use of Daily Life Events Training

Program of Study

Course Code	Course Name	Weekly Hours
<b>Semester 1</b>		
CYC100	Foundation of Child Youth and Care	3
CYC101	Interpersonal Communication	3
CYC102	Anti-oppressive Practice	3
CYC103	Health and Wellness	2
CYC104	Child and Youth Care Practice	2
COM101	Communicating Across Contexts	3
or COM111	Communicating Across Contexts (Enriched)	
<b>Semester 2</b>		
CYC200	Therapeutic Foundations and Methodologies	3
CYC201	Interviewing and Counseling	3
CYC206	Child and Adolescent Development	3
CYC227	Families in Change	3
CYC247	Field Placement Preparation	2
plus: General Education Course (1) <sup>1</sup>		3
<b>Semester 3</b>		
CYC300	Child and Youth Care Methods	3
CYC301	Exceptionalities of Children and Youth	2
CYC302	Therapeutic Activities	3
CYC347	Field Placement Seminar	3
CYC357	Field Placement	4
plus: Professional Options (1)		
plus: General Education Course (1) <sup>1</sup>		3
<b>Semester 4</b>		
CYC401	Assessment and Recording in CYC Practice	2
CYC402	Crisis Interventions	3
CYC403	Group Work in CYC Practice	3
CYC447	Field Placement Seminar	3
CYC457	Field Placement	7
plus: General Education Course (1) <sup>1</sup>		3
<b>Semester 5</b>		
CYC502	Family Work in CYC Practice	3
CYC503	Child and Adolescent Mental Health Disorders	3
CYC547	Field Placement Seminar	3
CYC557	Field Placement	4
plus: Professional Options (1)		
<b>Semester 6</b>		
CYC602	Counselling Children and Youth Lab	3
CYC604	Specialization in Child and Youth Care	2
CYC605	Child Trauma and Abuse	3
CYC647	Field Placement Seminar	3
CYC657	Field Placement	4

## Professional Options

Course Code	Course Name	Weekly Hours
BHS204	Autism and Developmental Disabilities	3

CYC376	Human Sexuality	3
CYC377	Impact of Social Networking	3
SSW371	Selected Issues: Intimate Partner Abuse and Violence	3
SSW372	Selected Issues: Addictions	3
SSW373	Selected Issues: Mental Health	3
SSW374	Selected Issues: Child Welfare	3
SSW380	Homelessness in Canada	3

## Program Learning Outcomes

This Seneca program has been validated by the Credential Validation Service as an Ontario College Credential as required by the Ministry of Colleges and Universities.

As a graduate, you will be prepared to reliably demonstrate the ability to:

- Develop and maintain relationships with children, youth and their families applying principles of relational practice and respecting their unique life space, cultural and human diversity.
- Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.
- Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.
- Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.
- Advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts.
- Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.
- Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.
- Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.

## Admission Requirements

- Ontario Secondary School Diploma (OSSD), or equivalent, or a mature applicant (<https://www.senecapolytechnic.ca/registrar/canadian-applicants/admission-requirements/mature-applicants.html>)
- English: Grade 12 C or U, or equivalent course

Canadian citizens and permanent residents may satisfy the English requirements for this program through successful Seneca pre-admission testing. (<https://www.senecapolytechnic.ca/registrar/canadian-applicants/admission-requirements/mature-applicants.html>)

Recommended upgrading for applicants who do not meet academic subject requirements. (<https://www.senecapolytechnic.ca/registrar/canadian-applicants/admission-requirements/upgrading-options.html>)

## International Student Information

International admissions requirements vary by program and in addition to English requirements (<https://www.senecapolytechnic.ca/international/apply/how-to-apply/admission-requirements/english-requirements.html>), programs may require credits in mathematics, biology, and chemistry at a level equivalent to Ontario's curriculum, or a postsecondary degree or diploma, equivalent to an Ontario university or college. Program-specific pre-requisite courses and credentials are listed with the admission requirements on each program page. To review the academic requirements please visit: Academic Requirements - Seneca, Toronto, Canada ([senecapolytechnic.ca](https://www.senecapolytechnic.ca/)) (<https://www.senecapolytechnic.ca/>

[international/apply/how-to-apply/admission-requirements/academic-requirements.html](https://www.senecapolytechnic.ca/international/apply/how-to-apply/admission-requirements/academic-requirements.html)).

## Pathways

As a leader in academic pathways, we offer a range of options that will allow you to take your credential further in another Seneca program or a program at a partner institution.

To learn more about your eligibility, visit the Academic Pathways (<https://www.senecapolytechnic.ca/pathways.html>) web page.

Last updated: August 3, 2025 at 10:27 a.m.